

S.A.V.E. SURVIVING A VIOLENT ENCOUNTER

COURSE OBJECTIVES

This 6-day course will expose the students to the realities of a violent confrontation and train in real-world techniques to escape with minimal injuries while protecting themselves and/or loved ones from great bodily injury or death. The students will gain valuable knowledge of the criminal and civil process associated with such actions including the governing laws, case laws, jury instructions and the “Court of Public Opinion”.

Each day will be separated between classroom and practical skills. The range days will transition from day to evening. Students need to be familiar with their firearms systems and equipment. Basic firearms skills consisting of drawing, shooting, reloading and SAFE GUN HANDLING are a requirement. Each student must exhibit these basic skills to ensure safe gun handling while on the range. The students will be handling live firearms in low light to dark conditions on the first day. The Ask CCW Firearms class or alternatively the ASK Defensive Pistol course is recommended as a prerequisite (Private classes through ASK are available). This course is targeting the gun owners with intermediate or advanced gun handling skills. Many of the techniques taught in this course mirror techniques taught to Law Enforcement and / or Special Operations personnel. While on the range the students will enjoy a student to instructor ratio of 1 instructor for each 2 students.

Legal Notice: This course and the techniques taught are designed to be used in a defensive manner “only” and are not intended to be used in an offensive posture once the defender(s) has defeated the attacker(s) threat and the peril of great bodily injury or death no longer exists. Determination of the actual threat in each situation must be real and not just a simple fear or state of mind by the defender as pursuant to the applicable state, federal and case law decisions regarding the “Justifiable/Reasonable Use of Force”. [No] instructor or class taught by “ASK” will direct a person/student to blindly use deadly force. The use of deadly force is the [Go/No-Go] decision of the person using force at the time of the confrontation as dictated by the situation. Law Enforcement personal must also be familiar with their agencies “Use of Force” policy relating to firearms, ammunition and deadly force.

EQUIPMENT

Below is a list of the minimum equipment needed for this class:

- Firearm or firearms that are commonly carried on a CCW or used as a home defensive weapon
- 3 magazines minimum for the primary firearm
- Cleaning kit
- Eye protection

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- Ear protection
- 1500 rounds of ammunition for the main weapon
- 250 rounds for each alternate handgun
- 3 or more snap caps matching the primary handgun caliber
- High-intensity handheld flashlight.
- Weapon light (optional)
- Extra batteries and/or a recharging system
- Comfortable clothing and alternate warm clothing for night exercises
- Light gloves
- Cap or Hat
- Basic first aid kit
- One case of water, equal to 12 x 16 oz. bottled water (or) a Camelbak Hydration pack (Optional).
- Cooler

CURRICULUM

The below-listed areas will be discussed in theory and taught in practical application as follows:

DAY #1, Saturday (Morning Classroom, 0800 hrs. to 1230 hrs.):

Legal aspects of Force on Force confrontation:

- The Law and “Justifiable Use of Force” vs “Self Defense”
- “Reasonable force?” (or) “Necessary Force?”
- Can you Justify the “Force” used?
- Threat assessment, what is your expertise?
- Were you confronted with a true threat and what threat level was perceived?
- Did you panic or overreact from being scared causing an excessive force or violent situation that could have been avoided?
- Did you act of ego?

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- Did you attempt to retreat (or) deescalate the situation?
- Use of Force:
 - Penal Codes
 - Case Laws
 - Jury Instructions
 - The Court of Public Opinion*
- Use of Force, Civilian vs. Law Enforcement

DAY #1, Saturday (Lunch and Drive to Range, 1230 hrs. to 1400 hrs.)

DAY #1, Saturday (Afternoon Range, 1400 hrs. to 1800 hrs.):

Weapon Skills (Dry Practice / Live Fire):

- Equipment Inspection
- Basic shooting and weapon familiarization review:
 - Sight Alignment /Sight Picture
 - Triger Control
 - Grip
 - Breathing
 - Stance
- Holsters and Clothing for concealed carry
- Instinctive shooting
- Natural Shooting Position
- Reloading
- “Slow is smooth and smooth is fast...”
- Accuracy Skill
- Exposure to Basic Distance Shooting
- Basic Firearms Skills
- Drawing / Holstering / Covering Down

DAY #2, Sunday (Morning Range, 0600 hrs. – 1100 hrs.):

- Safety briefing

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- Equipment inspection
- *Accuracy Skill Test #2*
- Instinctive Shooting
- Instinctive Reloading
- Weapons Failures and Clearing
- Shooting Positions:
 - Weaver / Isosceles / Natural
 - Prone/ kneeling/ Defensive Squat
- Introduction to Two Eye Shooting

DAY #2, Sunday (Lunch and Drive to Classroom, 1100 hrs. to 1230 hrs.)

DAY # 2, Sunday (Afternoon Classroom, 1230 hrs. to 1600 hrs.):

- Case studies (Continuing from day one)
- CCW Carry and Law Enforcement Contact:
 - During and after a defensive “Force on Force” Incident
 - Traffic Stops
 - Consensual Encounters
- Residence, Search Warrants
- Protecting your Freedom and Assets

DAY #3, Saturday (Afternoon Classroom, 1200 hrs. to 1500 hrs.):

- *Review of Module [I]; Q&A*
- Physical and psychological response to a critical incident
- Case Studies
- The Will to Survive
- Wound Ballistics
- Injuries

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- Dangers of Persons Under the Influence (UTI) drugs, alcohol, PCP, Methamphetamine, Cocaine, Marijuana, Heroine, etc.

DAY #3, Saturday (Lunch and Drive to Range, 1500 hrs. to 1630 hrs.)

DAY #3, Saturday, (Afternoon/Evening Range, 1630 hrs. to 2100 hrs.):

- *Skills Accuracy Test #3*
- Weapon Failures and Malfunctions
- Shooting with Both Eyes Open
- Shooting positions:
 - Weaver / Isosceles / Natural
 - Prone/ kneeling/ Defensive Squat
- Weak Hand Shooting
- Strong Hand Shooting
- Cover vs. Concealment
- Barricades
- Skip Shooting:
 - Ground
 - Wall
- Rising gun

Introduction to Low Light Shooting:

- Muzzle Flash at Night
- Illumination Technology:
 - Lumen
 - Candela
 - Strobe
 - Spot
 - Thrower
- Night Vision:
 - Human
 - Electronic

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- Lighting Colors:
 - White
 - Red
 - Green
 - Blue
 - IR
- Night Sights
- Lasers:
 - Red
 - Green
- Laser Parallax and Setup

DAY #4, Sunday (Morning Range, 0700 hrs. – 1100 hrs.):

- *Skills Accuracy Test (Review)*
- Review of Day 3 Drills
- Defending while injured
- Defensive Combat Drills:
 - Standing
 - Seated
 - Vehicle
- Hostage Drills
- Multiple Aggressors
- Shooting while Moving

DAY #4, Sunday (Lunch and Drive to Classroom, 1100 hrs. to 1230 hrs.)

DAY #4, Sunday (Afternoon Classroom, 1230 hrs. to 1530 hrs.):

- Survival Mind Set (Continued)
- Edged Weapons
- Pepper spray
- Electrical Discharge Weapons

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- Home Firearm Safety and Children
- Use of Less Lethal Weapons and Associated Laws
- Less Lethal Weapons and Dangers of Persons Under the Influence (UTI).
- Physical Fitness:
 - Heart Rate Levels
 - Types of Workout:
 - Endurance
 - Resistance Training
 - Sets / Reps / Exercises
 - Muscle Groups Cycles
- Threat Assessment and Defensive Reactions
- Escaping a Physical Confrontation
- Personal Weapons (Teeth, Hands, Feet, Knees, Elbows, Head)
- Weapons of Opportunity
- Striking Areas of the Human Body
- Defensive Ground Techniques
- Disarming Techniques (Training and Laser Guns)
- Weapon Retention
- INSIDE THE KILL ZONE

DAY # 5, Saturday (Afternoon Classroom, 1200 hrs. to 1530 hrs.):

- Perception and Reaction, (P/R – Behind the Power Curve)
- Time vs. Distance
- Response to an Active Shooter (Video & Discussion)
- Disneyland Fight
- ANTIFA; Pepper spray is a Felony

Role Playing (Classroom):

BE AWARE OF YOUR SURROUNDINGS

- Sitting in a vehicle:
 - Subject Approaching Driver Side
 - Subject Approaching Passenger Side
 - Multiple Subjects

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- Parking Lot:
 - Subject Approaches in a Vehicle
 - Subject Approaches on foot
 - Multiple Subjects
- Ambush:
 - Shooters in a Vehicle
- Be Polite
- Be Loud, Verbalize; *Stranger danger, stop threatening me stay away, do not make me hurt you, I will protect myself.*
- Show Concern
- Mental Line in the Sand. Be prepared to defend yourself.
- Threat Assessment and Defensive reactions (Flight or Fight, your body will tell you)
- Escaping a Physical Confrontation; (*GTFO*)
- Searching for the Bad Guy; Good or Bad Idea?
- Review:
 - Edged Weapons
 - Pepper spray
 - Electrical Discharge Weapons
 - Use of Less Lethal Weapons
 - Personal Weapons (Hands, Feet, Knees, Elbows, Head)
 - Striking Areas and Pressure Points of the Human Body
 - Ground Defensive Techniques; Get Up!!!

DAY #5, Saturday (Lunch and Drive to Range, 1530 hrs. to 1700 hrs.)

DAY #5, (Afternoon /Evening shooting, 1700 hrs. – 2100 hrs.):

- *Skills Accuracy Test (Review)*
- Weapon Failures and Malfunctions
- Shooting with Both Eyes Open
- Shooting positions
 - Weaver / Isosceles / Natural

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Prone/ kneeling/ Defensive Squat /

- Weak Hand Shooting
- Strong Hand Shooting
- Shooting and Reloading while Injured
- Cover Vs. Concealment
- Barricades
- Skip Shooting:
 - Ground
 - Wall
- Rising gun
- Muzzle flash at night
- Shooting while Moving
- Combat Courses

DAY #6, Sunday (Morning Range, 0700 hrs. – 1100 hrs.):

(Shooting with both Eyes Open)

- COST; Cognitive Overload Shooting Test
- *Skills Accuracy Test (Review)*
- Weapon Failures and Malfunctions (Review)
- Shooting positions
 - Weaver / Isosceles / Natural
 - Prone/ kneeling/ Defensive Squat /
- Weak Hand Shooting
- Strong Hand Shooting
- Shooting and Reloading while Injured
- Cover vs. Concealment
- Barricades
- Skip Shooting:
 - Ground
 - Wall
- Edged Weapons - 30 ft. (+) 15 Seconds to Live

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Role Playing (Live Fire):

- Sitting in a vehicle;
 - Subject Approaching Driver Side
 - Subject Approaching Passenger Side
 - Multiple Subjects
- Parking Lot;
 - Subject Approaches in a Vehicle
 - Subject Approaches on foot
 - Multiple Subjects
- Ambush:
 - Shooters in a Vehicle
- Be Polite
- Be Loud, Verbalize; *You are a threat to my safety, stay away from Me! Stop threatening me! I do not want to hurt you! I will protect myself! I will use force to protect myself!*
- Show Concern
- Mental Line in the Sand; Be prepared to defend yourself.
- Threat Assessment and Defensive reactions (Flight or Fight, your body will tell you)
- Escaping a Physical Confrontation; (*GO; Get Out*)
- Save Your “Ass – ets”; (Remember the 5th amendment)
- Disarming techniques (Controlling the Threats Weapon); *KISS – Keep It Simple Stupid*
 - * Gun to Front (Control, Own, Neutralize the Threat)
 - * Gun to Rear (Control, Own, Neutralize the Threat)
- Distractions; Carry two wallets.
- Weapon Retention, Clear and Defend (Live Fire / Laser Guns)
- INSIDE THE KILL ZONE

DAY #6, Sunday (Lunch and Drive to Classroom, 1100 hrs. to 1230 hrs.)

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DAY #6, Sunday (Afternoon Classroom, 1230 hrs. to 1600 hrs.):

- Class Review and Makeup.

***Rifles and Shotguns will be incorporated on the final day if time permits. However, rifle and shotgun training will be incorporated into associated classes.*

***Dates and times of classes and range activities could change due to unforeseen environmental conditions or agreements between staff and students.*

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