

ASK Course Descriptions



The following items are required for all live fire shooting courses!

- (Electronic) Hearing protection
- Eye Protection (Most prescription glass and quality sunglasses will be OK)
- A Ball Cap

Basic Handgun

ASK Basic Handgun Course (New Shooters Start Here)

Our Basic Handgun Course is where you will start your journey. This course is designed for the new shooter and will answer all the questions you might have. Like: What gun do I buy? What caliber is right for me? How do I store it? How does it work? How do I transport it? How do I clean it? Where can I go shoot it? As well as any and all safety related questions. This is a classroom heavy course with a small amount of time spent on the range teaching you safety and the basics on grip, stance, and shooting fundamentals.

ASK Basic Handgun Course II

Our Basic Handgun Course II is where you will pick up where we left off at the range. This course is designed to give you range time that is supervised with instructor to help you master your SAFE gun handling skills including reloading, malfunction clearances and accuracy. We will be shooting from a bench and will use 150 rounds of ammo.

Defensive Handgun

Our Defensive Pistol Courses are designed to teach our students life the saving and proven handgun combat shooting techniques used today by law enforcement and military personnel. It starts with very slow and methodical movements with safety as our major concern. And as your skills improve our courses will challenge your ability to think on your feet, so you can rise to the occasion!

Required Gear for Basic Defensive Handgun courses

Handgun (Pistol or Revolver), 3 magazines or speed loaders (more is better), belt, holster, magazine/speed loader carrier, knee and elbow pads, and a concealment garment. Do to the hazards of flying hot brass, in addition to impact resistant glasses, a brimmed hat or visor is required. V-Neck or low cut tops are not recommended as hot brass tends to enter the shirt or blouse at the neck line.

ASK Basic Defensive Handgun Course

Our Basic Defensive Handgun Course is designed to teach you solid shooting techniques on presentation of the handgun from a holster, gun handling, reloading, malfunction clearing and ammo management (from the holster), we will cover the standard shooting position, combat isosceles. We will be shooting from 3 feet to 45 feet from a standing shooting position.

ASK (Night) Defensive Handgun Course (Prerequisite is Basic Defensive Pistol)

In this course you will learn the proper use of light for defensive shooting, with both handheld and firearm mounted lights. This is not a basic class; you need good pistol handling skills, a good draw stroke as taught in the Basic Defensive Pistol course, familiarity with all your gear and good daytime shooting skills.

Required Gear for all Intermediate & Advanced Handgun courses

Firearm or firearms that are commonly carried on a CCW or used as a home defensive weapon, 3 magazines/speed loaders minimum for the primary firearm, holster, magazine/speed loader pouch, weapon belt, firearm cleaning kit, 250-400 rounds of ammunition for the main weapon per day, 250 rounds for each alternate handgun, 3 or more snap caps matching handgun caliber for the primary firearm, high-intensity handheld flashlight, Weapon light (optional), Extra batteries or a recharging system, Comfortable clothing and alternate warm clothing for night exercises, Light gloves, Basic first aid kit, water, Camelbak Hydration pack (Optional)

ASK Intermediate Defensive Handgun Course

In our Intermediate Handgun Course you will use all the skills learned in the basic class with the addition of one handed shooting, shooting from the kneeling, squatting and sitting positions, shooting while moving, and the use of concealment and cover. You will be challenged by using these in some fun shooting drills designed to test your new found skills.

ASK Advanced Defensive Handgun Course

In our Advanced Handgun Course you will use all the skills learned from the basic and intermediate classes. We add the use of the prone position and the use of "position Sul", shooting and performing reloads and malfunction clearing using the weak side while adding advanced cover positions (Low Curbs, fire hydrants, telephone pole, ect.). You will be shooting from the sitting, kneeling and prone positions.

S.A.V.E. (Surviving A Violent Encounter)

This course will expose the student to defensive techniques designed to help survive an actual life-threatening situations and armed encounters. This 6 part course will consist of 6 training sessions. Each of the six days will be jam packed with information designed to keep you safe and out of jail. There is about 30 hours of classroom and 30 hours of range time. Some range days will transition from mid-day shooting to night time shooting. Students need to be familiar with their firearms systems and equipment. Basic firearms skills consisting of drawing, shooting and reloading are required.

Prerequisites

The ASK Defensive Pistol course or similar is required.

Require skills needed to take this course

Each student must exhibit confident skills of drawing, shooting and reloading to ensure safe gun handling while on the range. Should you have any questions please Email Shawn at training@askdefensive.com

The below-listed areas will be discussed in theory and taught in practical application as follows:

CURRICULUM

Legal aspects of Force on Force confrontation, The Law and Justifiable Use of Force" vs "Self Defense", Reasonable Force, Laws of Arrest, Civilian vs. Law Enforcement, Law Enforcement Contact During and After a Force on Force confrontation, Protection Your Assets After a Force on Force confrontation, Psychophysical Reaction to a Critical Incident, Stress Response, Mental and Physical Conditioning for the Citizen, Threat Assessment and Defensive reactions, Escaping a Physical Confrontation, Personal Weapons (Hands, Feet, Knees, Elbows, Head), Striking Areas, Ground defense techniques, Injuries, Bullet wounds, Response to an Active Shooter, Light control, Threat control, Disarming techniques, Instinctive shooting, Cover Vs. Concealment, Skip Shooting, Rising gun, Muzzle flash at night, Shooting positions, Natural Shooting Position, Weak Hand Shooting, Strong Hand Shooting, Shooting with Both Eyes Open, Weapons Failures and Clearing. Home Firearm Safety and Children, Holsters and Clothing for concealed carry, Edged Weapons, Pepper spray, Electrical Discharge Weapons, Use of Less Lethal Weapons and Physical Fitness.

Basic Rifle

Basic Rifle (Target Shooting/Hunting)

This course is designed to teach you the basic rifle skills used to shoot targets at the range or rabbits in the field. It will include a classroom section that will go over safety, parts of the rifle, shooting positions, shooting fundamentals, rifle cleaning, safe storage and transportation, and a short range session to put those new skills to practice.

Defensive Rifle

The dynamic rifle series of classes is designed to demonstrate the full potential of a center fire rifle in a hostile environment. Of all the small arms, the rifle is the premiere implement to apply significant stopping power at great distances. When properly employed, it is also very effective at close ranges. Rifle marksmanship is an exercise in stillness and absolute control of position, breathing, and trigger. In these classes you will learn to manipulate and control your body position to adapt and overcome a hostile threat. You will learn to shoot and control your rifle while moving and shooting in a rapid fire situation. We will be shooting both paper and steel targets from 10 feet to 200 yards. This will be both fun and challenging course.

Required Gear for rifle courses

You will need a center fire rifle, a sling, a minimum of 3 magazines and magazine a pouch to carry at least 2, a quality optic (must hold a zero!) or iron sights, knee and elbow pads can be helpful and are highly recommended, proper attire as we will be getting in and out of different shooting positions in the dirt and rocks. Additional gear needed for the level III course: handgun and holster with 3 magazines/speed loaders and pouches. Night Course Weapons mounted light, headlight and extra batteries for both.

Dynamic Defensive Rifle I

In this class the shooter will learn and practice the standing shooting position while using a sling as it would be employed in a defensive shooting situation. The shooter will learn and practice how to keep their rifle up and running at all times, including malfunction clearing, reloads and ammo management. This is a 4-6 hour 100% hands on shooting class.

ASK (Night) Dynamic Defensive Rifle Course

In this course you will learn the proper use of light for defensive shooting with firearm mounted lights. This is not a basic class! You need good rifle handling skills, good rifle marksmanship, familiarity with all your gear and good daytime shooting skills. This is a 3 to 5 hour course

Dynamic Defensive Rifle II

This class requires completion of Dynamic Defensive Rifle I as the skills of the basic class will be built upon with the use of 3 new positions (sitting, kneeling and prone) and the use of movement. You will learn to shoot while moving forward, backward and laterally to and from cover, how to utilize all available cover and concealment with the 4 positions used in this course. This is a 4-6 hour 100% hands on shooting class.

Dynamic Defensive Rifle III

(Prerequisite to taking this course is Rifle I & II as well as Advanced Pistol)

This class is the third segment of our rifle series and you will use all that you learned in the first two classes plus you will now be taught to use a secondary weapon system as a backup. You will learn transitions from rifle to pistol and pistol to rifle. How and when to employ them, as well as working as a team to neutralize threat scenarios. This is a 2 day 100% hands on shooting class.

Ammo Requirements for Rifle courses

(Level I) 250 rounds of ball/FMJ ammo No steel core ammo

(Night Course) 100 rounds of ball/FMJ ammo No steel core ammo

(Level II) 250 rounds of ball/FMJ ammo No steel core ammo

(Level III) 400 rounds of ball/FMJ ammo No steel core ammo 100 rounds of pistol ammo.

Long Range Precision Rifle

Precision Rifle I

In this course you will learn what a precision rifle is, how to assemble yours, and set it up. We will go over additional equipment needed as well as how to use it. This course uses lectures and PowerPoint visuals to teach the following subjects: precision rifle equipment, selection of appropriate rifle and optics, rifle and optic set-up, correct methods for care and cleaning of the rifle and optics, precision optics theory and adjustment, MilRad vs. MOA, turret adjustments for windage and elevation, ballistics and use of ballistic calculators, caliber selection, appropriate use of data books, reading wind and making appropriate adjustments, shooting positions, with a focus on a correct prone position, range finding using the scope reticle, adjustments for significant elevation differences between rifle and target.

Required Materials

(Data Book, Mildot Master, RECOMMENDED by instructor is the Sig Sauer Kilo 2400 second choice is Ballistic software down loaded to your portable device and a Kestrel weather Station)

Precision Rifle II

This course will cover live fire exercises designed to master the skills learned in the classroom during the Precision Rifle 1. Our Instruction emphasizes rifle marksmanship! Shooting position, we will work on zeroing your rifle at 100 yards, cold bore shots, collecting ballistic data and logging it in your data book. The result is that you will be able to make first round hits on targets out to 200 yards, including cold bore shots. We will work on range and wind estimation, your awareness to other conditions like reading the mirage that will affect your shots. We will work on hold-over estimation, dialing proper scope adjustments, and the use of data books and ballistics tables and calculators.

Required Equipment,

Rifle with scope, bipod or shooting rest (Front and Rear) Bags, 120 rounds of match grade ammo from same lot#, shooting mat, Sig Sauer Kilo 2400 or Ballistic software down loaded to your portable device and a Kestrel weather Station) , Data Book.

Precision Rifle III

This is the semi long range phase of this course we will work from 100 yards out to 500 yards the goal of this course is for you to gain valuable data and to apply your skills learned in course 2 to get first shot hit at all distances.

Required Equipment,

Rifle with scope, bipod or shooting rest (Front and Rear) bags, 120 rounds of match grade ammo from same lot#, shooting mat, Sig Sauer Kilo 2400 or Ballistic software down loaded to your portable devise and a Kestrel weather Station) , Data Book.

Bring Water, food, a chair, and sun screen. We will be shooting in the open desert! Please come prepared for the elements.

(Note a shoot bench can be used if you have neck or back issues that make it uncomfortable to shoot from the prone position)

Precision Rifle IV

This is the long range phase of this course we will work from 500 yards out to 1000+ yards the goal of this course is for you to gain valuable data and to apply your skills learned in course 3 to get first shot hit at all distances.

Required Equipment,

Rifle with scope, bipod or shooting rest (Front and Rear) bags, 120 rounds of match grade ammo from same lot#, shooting mat, Sig Sauer Kilo 2400 or Ballistic software down loaded to your portable devise and a Kestrel weather Station) , Data Book.

Bring Water, food, a chair, sun screen. We will be shooting in the open desert! Please come prepared for the elements!

(Note a shoot bench can be used if you have neck or back issues that make it uncomfortable to shoot from the prone position)

Basic Shotgun

Basic Shotgun (Clay Targets/Bird Hunting)

This course is designed to teach you basic shotgun skills used to shoot clay targets at the range or knock down birds in the field. It will include a classroom section that will go over safety, parts of the shotgun, shooting stance, shooting fundamentals, shotgun cleaning, safe storage and transportation, and a short range session to put those new skills to practice breaking some clays.

Required Materials

Shotgun, Shell Holder (Pouch or Bag on belt) 50 rounds of target shells)

Defensive Shotgun

As the shotgun is one of the best choices for a close quarters defensive weapons platform with its wide variety of ammo choices and configurations we have put together this series of classes to help you use and understand the shotguns capabilities in a defensive scenario. This course is open to all adult shooters, male and female, whether beginner or advanced. The purpose of this course is to train people how to use THEIR shotgun for self defense. Loaner guns are available, but this course is intended to make people more familiar with the capabilities and limitations of THEIR specific shotgun.

The ideal shotgun is a 12 gauge pump action shotguns with a magazine capacity of five or more rounds or a similar semi-auto shotgun. 20 gauge shotguns will also work for smaller statured shooters. Shorter barrel lengths are recommended but not required. Shoulder stocks are important, pistol grip only shotguns will not work for this course.

Dynamic Defensive Shotgun I

This class is designed to teach you how to safely shoot a defensive type shotgun correctly and to get good hits. We will talk about shotgun fitting, how to pattern your shotgun, proper shooting position, proper aiming of the shotgun and proper ammo selection for intended use. This is a 3-5 hour class.

Required Gear

You will need a shotgun, a sling for your shotgun, a way to carry shells either on or off the shotgun (both is preferred)

Required Ammo

50 rounds of bird shot, 25 rounds of buckshot, 10 slugs.

Dynamic Defensive Shotgun II (ADVANCED)

This class we will take it a few steps farther than the basic class, we will talk about shooting in low light situations and the needed extra equipment, the use of cover and concealment, speed reloading and ammo management, multiple targets and how to deal with them. This is a 4-6 hour class.

Required Gear

You will need a shotgun, a sling for your shotgun, a way to carry shells either on or off the shotgun (both is preferred), weapons light for your shotgun (ADVANCED COURSE).

Required Ammo

100 rounds of bird shot, 50 rounds of buckshot, 20 slugs

Utah CCW Class

In this course we will go over basic handgun safety, storage and use as it pertains to the carrying of a concealed firearm, we will also be covering all the federal and state codes, rules and regulations that pertain to firearms for the state of Utah. To finish up we will complete your application and fill in the blanks on your finger print cards. Note you will need a 2"x 2" passport quality photo and you will need to have your finger prints done. at this time we do not provide these services.

Trauma First-Aid Course

After a shooting has taken place, do you know what to do to survive till help arrives?? Do you know how to control bleeding? Do you know how to spot signs of serious medical conditions like a heart attack or stroke? We here at ASK have the awesome EMS couple Chuck and Kristen Clements coming in to the classroom to teach you these skills in a short 4 hour course.

ASK Reloading Courses

ASK Basic Metallic Cartridge Reloading

Students will learn the fundamentals of metallic cartridge reloading. The course is designed to enable shooters with little or no prior experience in reloading to acquire the necessary knowledge, skills to produce safe, consistent and accurate reloaded ammunition. This is a 4 hour workshop type class that is taught on a Sunday from 2:30pm-6:30pm

ASK Progress Reloading Machine Basics

In this class you will be learning in full how to setup, safety check, and fully load a box of ammunition on our Dillon Progressive Reloading Machine. Each student from this class will be leaving the class with 50 rounds of ammo THEY have loaded under the guidance of the instructor.

Prerequisite class: ASK Basic Metallic Reloading

ASK Intermediate/ Advanced Metallic Cartridge Reloading Course

This class is tailored to teach you the ins and outs of reloading techniques, processes, development and tools for precision rifle reloading, whether that is a bolt action or a gas gun. You will need to bring your rifle and 10-20 fired shells from THAT rifle. There are also specific tools and supplies you will need to bring to complete this class, including a Hornady overall length gauge with the appropriate shell case for your rifle, a Hornady comparator set, a Redding flash hole deburring tool, and a Sinclair primer pocket uniforming tool (small or large depending on your cartridge). These tools are available at the store for a discounted price for students of the class!

Prerequisite class: ASK Basic Metallic Reloading Class