

ASK Course Descriptions



The following items are required for all live fire shooting courses!

- (Electronic) Hearing protection
- Eye Protection (Most prescription glass and quality sunglasses will be OK)
- A Ball Cap

Basic Pistol

ASK Basic Pistol Course (New Shooters Start Here)

Our Basic pistol course is where you will start your journey. This course is designed for the new shooter and will answer all those questions you have, questions like, what gun do I buy? What caliber is right for me? How do I store it? How does it work? How do I transport it? How do I clean it? Where can I go to shoot it? As well as all safety related questions. This is a classroom heavy course with a small amount of time spent on the range teaching basic grip stance and shooting fundamentals.

Defensive Pistol

Our defensive pistol courses are designed to teach our students life-saving and proven pistol combat shooting techniques used today by Law Enforcement and Military personnel. It starts with very slow and methodical movements with safety as our major concern. As your skills improve our courses will challenge your ability to think on your feet so you can rise to the occasion!

Required Gear for Basic Defensive Pistol courses

Pistol, 3 magazines (**more is better**) belt, holster, magazine carrier, knee and elbow pads, concealment garment. Due to the hazards of flying hot brass, in addition to impact resistant glasses, a brimmed hat or visor is required. V-Neck or low cut tops are not recommended as hot brass tends to enter the shirt or blouse at the neck line. A flashlight with a push button tail stock switch with momentary on setting, 300 lumen or greater is recommended.

ASK Basic Defensive Pistol Course

Our defensive basic pistol class is designed to teach you solid shooting techniques to include presentation of the pistol from a holster, gun handling, reloading, malfunction clearing and ammo management (from the holster). We will cover the standing shooting position, shooting stance Modified Weaver. Shooting will be from 3 feet to 45 feet in the Standing shooting position.

ASK (Night) Defensive Pistol Course

In this course you will learn the proper use of light for defensive shooting with both handheld and gun-mounted lights. This is not a basic class. You need good pistol handling skills, a good draw stroke (as taught in the Basic Defensive Pistol course), familiarity with all your gear, and good daytime shooting skills.

Required Gear for all Intermediate & Advanced Pistol courses

Firearm or firearms that are commonly carried on a CCW or used as a home defensive weapon, 3 magazines minimum for the primary firearm, Holster, Magazine holster and holster belt, Cleaning kit, 250-400 rounds of ammunition for the main weapon per day, 250 rounds for each alternate handgun, 3 or more snap caps matching handgun caliber for the primary firearm, High-intensity handheld flashlight, Weapon light (optional), Extra batteries or a recharging system, Comfortable clothing and alternate warm clothing for night exercises, Light gloves, Basic first aid kit, water, Camelbak Hydration pack (Optional)

ASK Intermediate Defensive Pistol

In our intermediate pistol class you will use all the skills learned in the basic class with the addition of one handed shooting, shooting from the kneeling, squatting and sitting position, shooting while moving, and the use of concealment and cover. You will be challenged by using these new skills learned while engaging in fun shooting drills designed to test your newfound skills.

ASK Advanced Defensive Pistol

In our Advanced pistol class you will use all the skills learned in the basic and intermediate classes. We will add the use of the prone position and the use of Sul position, shooting and performing reloads and malfunction clearing using the weak side while adding advanced cover positions (low Curbs, fire hydrants telephone pole etc.), we will be shooting from the Sitting, Kneeling and Prone positions.

S.A.V.E. (Surviving A Violent Encounter)

This course will expose the student to defensive techniques designed to survive actual life-threatening situations and armed encounters.

This a 6-part course consisting of 6 training sessions. Each of the six days will be jam packed with information designed to keep you safe and out of jail. There are about 30 hours of classroom and 30 hours of range time. Some range days will transition from mid-afternoon to nighttime. Students need to be familiar with their firearms systems and equipment. Basic firearms skills consisting of drawing, shooting and reloading are required.

Prerequisites

The ASK Defensive Pistol course or similar is required.

Required skills needed to take this course

Each student must exhibit confident skills of drawing, shooting and reloading to ensure safe gun handling while on the range. Should you have any questions please call Email Shawn at shawn@askdefensive.com

The below curriculum will be discussed in theory and taught in practical application as follows:

Legal aspects of Force on Force confrontation, The Law and Justifiable Use of Force” vs “Self Defense”, Reasonable Force, Laws of Arrest, Civilian vs. Law Enforcement, Law Enforcement Contact During and After a Force on Force confrontation, Protecting Your Assets After a Force on Force confrontation, Psychophysical Reaction to a Critical Incident, Stress Response, Mental and Physical Conditioning for the Citizen, Threat Assessment and Defensive reactions, Escaping a Physical Confrontation, Personal Weapons (Hands, Feet, Knees, Elbows, Head), Striking Areas, Ground defense techniques, Injuries, Bullet wounds, Response to an Active Shooter, Light control, Threat control, Disarming techniques, Instinctive shooting, Cover Vs. Concealment, Skip Shooting, Rising gun, Muzzle flash at night, Shooting positions, Natural Shooting Position, Weak Hand Shooting, Strong Hand Shooting, Shooting with Both Eyes Open, Weapons Failures and Clearing. Home Firearm Safety and Children, Holsters and Clothing for concealed carry, Edged Weapons, Pepper spray, Electrical Discharge Weapons, Use of Less Lethal Weapons, Physical Fitness.

Basic Rifle

Basic Rifle (Target Shooting/Hunting)

This course is designed to teach you basic rifle skills used to shoot targets at the range or rabbits in the field. I will include a classroom section that will go over Safety, Parts of the rifle, Shooting positions, Shooting fundamentals, Rifle cleaning, Safe storage and transportation, and a short range session to put those new skills into practice.

Defensive Rifle

The dynamic rifle series of classes is designed to demonstrate the full potential of a center fire rifle in neutralizing a hostile environment. Of all the small arms, the rifle is the premiere implement to apply significant stopping power at great distances. When properly employed, it is also very effective at close ranges. Rifle marksmanship is an exercise in stillness and absolute control of position, breathing, and trigger. In these classes you will learn to manipulate and control your body position to adapt and overcome a hostile threat. You will learn to shoot and control your rifle while moving and shooting in a rapid fire situation. We will be shooting both paper and steel targets from 10' to 200 yards. This will be both fun and challenging.

Required Gear for rifle courses

You will need a Center fire rifle, sling, a minimum of 3 magazines and magazine pouch to carry at least 2, a **quality** optic (must hold a zero!) or iron sights, knee and elbow pads can be helpful and are highly recommended, proper attire, as we will be getting in and out of different shooting positions in the dirt and rocks. Additional gear needed for level III course, pistol and holster with 3 magazines and pouch. **Night Course** Weapons mounted light, headlight and extra batteries for both.

Dynamic Defensive Rifle I

In this class the shooter will learn and practice the standing shooting position while using a sling, as it would be employed in a defensive shooting situation. Shooter will learn and practice how to keep their rifle up and running at all times to include malfunction clearing, reloads and ammo management. This is a 4-6 hour, 100% hands-on shooting class.

ASK (Night) Dynamic Defensive Rifle Course

In this course you will learn the proper use of light for defensive shooting, with gun mounted lights. This is not a basic class. You need good rifle handling skills, good rifle marksmanship, familiarity with all your gear and good daytime shooting skills. This is a 3 to 5 hour course

Dynamic Defensive Rifle II

This class requires completion of Dynamic Defensive Rifle I as the skills of the basic class will be built upon with the use of 3 new positions (Sitting, Knelling and Prone) also the use of movement. You will learn to shoot while moving forward, backward and laterally to and from cover, how to utilize all available cover and concealment with the 4 positions learned in this course. This is a 4-6 hour, 100% hands-on shooting class.

Dynamic Defensive Rifle III/IV

(Prerequisite to taking this course is Rifle I & II as well as Advanced Pistol)

This class is the third segment of our rifle series and you will use all that you learned in the first two classes plus you will now be taught to use a secondary weapon system as a backup. You will learn transitions from rifle to pistol and pistol to rifle. How and when to employ them as well as working as a team to neutralize threat scenarios. This is a 2 day 100% hands-on shooting class.

Ammo Requirements for Rifle courses

- (Level I) 250 rounds of ball ammo **No steel core ammo**
- (Night Course) 100 rounds of ball ammo **No steel core ammo**
- (Level II) 250 rounds of ball ammo **No steel core ammo**
- (Level III/IV) 400 rounds of ball ammo **No steel core ammo** 100 rounds of pistol ammo.

Long Range Precision Rifle

Precision Rifle I

In this course you'll learn what a precision rifle is, how to build yours and set it up. We will go over additional equipment needed as well as how to use it. This course uses lectures and PowerPoint visuals to teach the following subjects: Precision Rifle Equipment, Selection of appropriate rifle and optics, Rifle and optic set-up, Correct methods for care and cleaning of the rifle and optics, Precision optics theory and adjustment, MilRad vs. MOA, Turret adjustments for windage and elevation, Ballistics and use of ballistic calculators, Caliber selection, Appropriate use of databooks, Reading wind and making appropriate adjustments, Shooting positions, with a focus on a correct prone position, Range finding using the scope reticle, Adjustments for significant elevation differences between rifle and target.

Required Materials

(Data Book, Mildot Master, **RECOMMENDED by instructor** is the Sig Sauer Kilo 2400 second choice is Ballistic software downloaded to your portable device, and a Kestrel weather Station)

Precision Rifle II

This course will cover live-fire exercises designed to master the skills learned in the classroom during the Precision Rifle 1. Our Instruction emphasizes rifle marksmanship! Shooting position, we will work on zeroing your rifle at 100 yards, Cold bore shots, Collecting ballistic data and logging it in your data book. The result is that you will be able to make first round hits on targets out to 200 yards, including cold bore shots. We will work on range and wind estimation your awareness to other conditions like reading the mirage that will affect your shots. We will work on hold-over estimation, dialing proper scope adjustments, and the use of data books and ballistics tables and calculators.

Required Equipment,

Rifle with scope, Bipod or shooting rest (Front and Rear) Bags, 120 rounds of match grade ammo from same lot#, Shooting mat, Sig Sauer Kilo 2400 or Ballistic software downloaded to your portable device and a Kestrel weather Station, Data Book.

Precision Rifle III

This is the semi long range phase of this course. We will work from 100 yards out to 500 yards. The goal of this course is for you to gain valuable data and to apply your skills learned in course 2 to get first shot hit at all distances.

Required Equipment,

Rifle with scope, Bipod or shooting rest (Front and Rear) Bags, 120 rounds of match grade ammo from same lot#, Shooting mat, Sig Sauer Kilo 2400 or Ballistic software down loaded to your portable device and a Kestrel weather Station, Data Book. Bring Water, food, a chair, sun screen we will be shooting in the open desert please come prepared for the elements!

(Note a shoot bench can be used if you have neck or back issues that make it uncomfortable to shoot from the prone position)

Precision Rifle IV

This is the long range phase of this course we will work from 500 yards out to 1000+ yards. The goal of this course is for you to gain valuable data and to apply your skills learned in course 3 to get first shot hit at all distances.

Required Equipment,

Rifle with scope, Bipod or shooting rest (Front and Rear) Bags, 120 rounds of match grade ammo from same lot#, Shooting mat, Sig Sauer Kilo 2400 or Ballistic software down loaded to your portable device and a Kestrel weather Station, Data Book. Bring Water, food, a chair, sun screen we will be shooting in the open desert please come prepared for the elements!

(Note a shoot bench can be used if you have neck or back issues that make it uncomfortable to shoot from the prone position)

Basic Shotgun

Basic Shotgun (Clay Targets/Bird Hunting)

This course is designed to teach you basic shotgun skills used to shoot clay targets at the range or knock down birds in the field. It will include a classroom section that will go over Safety, Parts of the shotgun, Shooting stance, Shooting fundamentals, shotgun cleaning, Safe storage and transportation, and a short range session to put those new skills to practice breaking clays.

Required Materials

(A Shotgun, Shell Holder (Pouch or Bag on belt) 50 rounds of target shells)

Defensive Shotgun

As the shotgun is one of the best choices for a close quarters defensive weapons platform with its wide variety of ammo choices and configurations we have put together this series of classes to help you use and understand the shotgun's capabilities in a defensive scenario. This course is open to all adult shooters, male and female, whether beginner or advanced. The purpose of this course is to train people how to use **THEIR** shotgun for self defense. Loaner guns are available, but this course is intended to make people more familiar with the capabilities and limitations of **THEIR** specific shotgun.

The ideal shotgun is a 12 gauge **semi-auto** or pump action shotguns with a magazine capacity of five or **more** rounds. 20 gauge shotguns can suffice. Shorter barrel lengths are ideal but not required. **Shoulder stocks are important**, pistol grip only shotguns will not work for this course.

Dynamic Defensive Shotgun I

This class is designed to teach you how to safely shoot a defensive type shotgun correctly and to get good hits. We will talk about shotgun fitting, how to pattern your shotgun, proper shooting position, proper aiming of the shotgun and proper ammo selection for intended use. This is a 3-5 hour class.

Required Gear

You will need a shotgun, a sling for your shotgun, a way to carry shells either on or off the shotgun (both is preferred)

Required Ammo

50 rounds of bird shot, 25 rounds of buckshot, 10 slugs.

Dynamic Defensive Shotgun II (ADVANCED)

In this class we will take it a few steps farther than the basic class. We will talk about shooting in low light situations and the needed extra equipment, the use of cover and concealment, speed reloading and ammo management, multiple targets and how to deal with them. This is a 4-6 hour class.

Required Gear

You will need a shotgun, a sling for your shotgun, a way to carry shells either on or off the shotgun (both preferred), weapons light for your shotgun (ADVANCED COURSE).

Required Ammo

100 rounds of bird shot, 50 rounds of buckshot, 20 slugs

Utah CCW Class

In this course we will go over basic handgun safety, storage and use as it pertains to the carrying of a concealed firearm. We'll also be covering all the federal and state codes, rules and regulations that pertain to firearms for the state of Utah. To finish up we will complete your application and fill in the blanks on your finger print cards. **Note you will need a 2"x 2" passport quality photo and you will need to have your finger prints done, at this time we do not provide these services.**

Trauma First-Aid Course

After a shooting has taken place, do you know what to do to survive until help arrives? Do you know how to control bleeding? Do you know how to spot signs of serious medical conditions like a heart attack or stroke? We here at ASK have the awesome EMS couple Chuck and Kristen Clements coming into the classroom to teach you these skills in a short 4 hour course.

Sun Shot Trauma Wound Care Work Shop

The Gunshot Wound Life Savers Workshop. Learn in just 90 minutes the life-saving medical measures a person must utilize to help save themselves and others when injured by a gunshot and/or stabbing wound. The instructor has trained the: NYPD, LAPD, FBI, U.S Secret Service and Columbine, among many other organizations throughout the Country.

(Class includes one of the kits)

ASK Reloading Courses

ASK Basic Metallic Cartridge Reloading

Students will learn the fundamentals of metallic cartridge reloading. The course is designed to enable shooters with little or no prior experience in reloading to acquire the necessary knowledge and skills to produce safe, consistent and accurate reloaded ammunition. This is a 4 hour workshop type class that is taught on a Sunday from 2:30pm-6:30pm

ASK Progress Reloading Machine Basics

In this class you will be learning in full how to setup, safety check, and fully load a box of ammunition on our Dillon Progressive Reloading Machine. Each student from this class will be leaving the class with 50 rounds of ammo THEY have loaded under the guidance of the instructor.

Prerequisite class: Basic Metallic Reloading

This is a 4 hour workshop type class that is taught on a Sunday from 2:30pm-6:30pm

ASK Intermediate/ Advanced Metallic Cartridge Reloading Course

This class is tailored to teach you the ins and outs of reloading techniques, processes, development and tools for precision rifle reloading, whether that is a bolt action or a gas gun. You will need to bring your rifle and 10-20 fired shells from THAT rifle. There are also specific tools and supplies you will need to bring to complete this class, including a Hornady overall length gauge with the appropriate shell case for your rifle, a Hornady comparator set, a Redding flash hole deburring tool, and a Sinclair primer pocket uniforming tool (small or large depending on your cartridge). These tools are available at the store for a discounted price for students of the class!

Prerequisite class: Basic Metallic Reloading

This is a 4 hour workshop type class that is taught on a Sunday from 2:30pm-6:30pm

ASK Defensive Training Co.

We are now a membership based training center and you can purchase different levels of membership based on how much training you are wanting to do.

Any standard class can be upgraded to a private class, it will cost you (2) days worth of your membership credits.

Group Classes consist of 4 or more people and run 6-8 hours on average, semi private classes are 2-3 people and run 4-6 hours on average, private is one on one with the instructor and we offer 1/2 day 3-4 hours or full day 7-8 hours

Membership Levels and Costs

Level 1	1 Day Std. Training Membership	(1 Membership Credit)	\$200.00
Level 2	1 Day Semi Private	(Requires 2-3 People)	\$250.00
Level 3	1/2 Day Private Membership	(I person 1 on 1 with Instructor)	\$350.00
Level 4	Full Day Private Membership	(I person 1 on 1 with Instructor)	\$500.00
Level 5	Standard Membership	(10 Membership Credits)	\$1200.00
level 6	Couples Standard Membership	(2 People 10 Credits each)	\$1800.00
Level 7	Unlimited Standard Membership	(Unlimited Credits 1 person)	\$2400.00

ASK Course Offerings

ASK Standard Pistol Courses

Basic Pistol	(1Day)
Basic Defensive Pistol	(1Day)
Basic Defensive Pistol (Night)	(1Day)
Intermediate Defensive Pistol	(1 Day)
Advanced Defensive Pistol	(2 Day)

CCW Pistol Courses

CCW S.A.V.E. I	(1 Day)
CCW S.A.V.E.II	(1 Day)
CCW S.A.V.E. III	(1 Day)
CCW S.A.V.E. IV	(1 Day)
CCW S.A.V.E. V	(1 Day)
CCW S.A.V.E. VI	(1 Day)

Utah CCW Class (\$125.00)

ASK Rifle Courses

Basic Rifle Beginner (Target/Hunting 22LR) (1Day)
Dynamic Defensive Rifle I (AR-15) (1 Day)
Dynamic Defensive Rifle I (AR-15)(Night) (1 Day)
Dynamic Defensive Rifle II (AR-15) (1 Day)
Dynamic Defensive Rifle III (AR-15) (1 Day)

Precision Long Range Rifle I (1 Day)
Precision Long Range Rifle II (1 Day)
Precision Long Range Rifle III (Considered a 2 Day)
Precision Long Range Rifle IV (Considered a 2 Day)

LRPR III&IV are considered a 2 day courses due to the work involved with putting this course on and transporting all the target and the time needed to setup course of fire as it is taught in a remote location.

ASK Shotgun Courses

Basic Shotgun Beginner (Clays Target/Hunting) (1Day)
Dynamic Defensive Shotgun I (1 Day)
Dynamic Defensive Shotgun I (Night) (1 Day)
Dynamic Defensive Shotgun II (1 Day)

Trauma First-Aid (\$100.00)
Gun Shot trauma Wound Care (\$65.00)

Reloading Courses

ASK Basic Reloading (\$150.00)
ASK Progress Reloading Machine Basics (\$200.00)
ASK Intermediate/ Advanced Reloading (\$200.00)

Cancellation Policy

- Minimum 3 days' notice required to reschedule.
- Failure to reschedule or show up for class will result in that class counting toward your membership. As our instructors are paid per student and it is not fair to them if you are a no call no show as they had planed their time accordingly.

Any and all questions can be addressed by **David Flores 909-809-4530** Call or text to this number.

This is effective as of 11/15/2021

<https://www.askdefensive.com/>